

# 31 Days of Family Challenge

## October 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

					1 INTERVIEW A RELATIVE	2 LEARN THE STORY BEHIND YOUR NAME
3 "THE YEAR YOU WERE BORN" ACTIVITY	4 MAKE A TRADITIONAL FAMILY RECIPE	5 DECORATE OFRENDA FRAMES	6 MAKE DIA DE LOS MUERTOS COOKIES	7 POST A PIC OF YOUR FAMILY ONLINE USING #31DAYSOFFAM	8 FILL IN YOUR FAMILY TREE	9 LEARN ABOUT TRADITIONAL CLOTHING FROM YOUR HERITAGE
10 SAY "I LOVE YOU" IN A LANGUAGE CONNECTED TO YOUR FAMILY HISTORY	11 COMPARE YOUR FACE TO YOUR RELATIVES' FACES AND SEE WHO YOU MOST RESEMBLE	12 ASK A RELATIVE TO TALK ABOUT THEIR YOUTH AND SHOW YOU PHOTOS OF THEM	13 START A JOURNAL OR WRITE AN ENTRY ABOUT WHAT LIFE IS LIKE THIS YEAR	14 CREATE A TIME CAPSULE	15 SEND A LETTER TO A LOVED ONE	16 VISIT A LOCAL HISTORICAL SITE
17 DRAW A MAP OF YOUR NEIGHBORHOOD AND LABEL IMPORTANT PLACES	18 PLAY TUNES FROM YOUR PARENTS' OR GRANDPARENTS' ERA	19 PLAY A GAME THAT YOU USED TO PLAY AS A CHILD WITH A FAMILY MEMBER.	20 SIT DOWN TOGETHER FOR A FAMILY MEAL WITH NO ELECTRONICS	21 GIVE A GIFT WITH A HANDWRITTEN NOTE TO SOMEONE	22 RECREATE A FUNNY OLD FAMILY PHOTO	23 LIGHT A CANDLE FOR YOUR DECEASED LOVED ONES
24 PULL OUT OLD HOME VIDEOS AND SEE HOW EVERYONE HAS CHANGED!	25 CATCH UP WITH A FAMILY MEMBER YOU HAVE NOT SEEN/HEARD FROM IN A WHILE	26 CREATE A PLAYLIST OF SONGS THAT REPRESENT YOUR CULTURAL HERITAGE	27 VISIT THE GRAVESTONE OF ONE OF YOUR DECEASED ANCESTORS	28 SHARE PICS ON SOCIAL MEDIA OF YOU DOING OUR CHALLENGE. #31DAYSOFFAM	29 "PICTURE MY HERITAGE" ACTIVITY	30 DISCOVER YOUR FAMOUS RELATIVES
31 CELEBRATE EL DIA DE LOS MUERTOS WITH YOUR LOVED ONES	1 (NOVEMBER) DÍA DE LOS INOCENTES	2 DÍA DE LOS MUERTOS				

Notes:



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					1 INTERVIEW A RELATIVE	2 LEARN THE STORY BEHIND YOUR NAME
3 "THE YEAR YOU WERE BORN" ACTIVITY	4 MAKE A TRADITIONAL FAMILY RECIPE	5 DECORATE OFRENDA FRAMES	6 MAKE DIA DE LOS MUERTOS COOKIES	7 POST A PIC OF YOUR FAMILY ONLINE USING #3DAYSOFFAM	8 FILL IN YOUR FAMILY TREE	9 LEARN ABOUT TRADITIONAL CLOTHING FROM YOUR HERITAGE
10 SAY "I LOVE YOU" IN A LANGUAGE CONNECTED TO YOUR FAMILY HISTORY	11 COMPARE YOUR FACE TO YOUR RELATIVES' FACES AND SEE WHO YOU MOST RESEMBLE	12 ASK A RELATIVE TO TALK ABOUT THEIR YOUTH AND SHOW YOU PHOTOS OF THEM	13 START A JOURNAL OR WRITE AN ENTRY ABOUT WHAT LIFE IS LIKE THIS YEAR	14 CREATE A TIME CAPSULE	15 SEND A LETTER TO A LOVED ONE	16 VISIT A LOCAL HISTORICAL SITE
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31 CELEBRATE THE DAY OF THE DEAD WITH YOUR LOVED ONES THIS WEEK	1 (NOVEMBER) DÍA DE LOS INOCENTES	2 DÍA DE LOS MUERTOS				

Notes:

